### Quarter 4 Open Courses

4/12/21 - 5/20/21

#### Section | Title | Fee Amount | GIR Points | Meetings | Instructors | Instructor email | CAP | Registrations Available
---|---|---|---|---|---|---|---|---
PE.0202-2 | Swimming, Beginner | 10 | 2 | MW 11:00 AM Zesiger Teaching Pool | Larry Anderson | landerso@mit.edu | 6 | 2
PE.0202-3 | Swimming, Beginner | 10 | 2 | MW 1:00 PM Zesiger Teaching Pool | Austin Ringheim | ringheim@mit.edu | 6 | 2
PE.0202-4 | Swimming, Beginner | 10 | 2 | MW 2:30 PM Zesiger Teaching Pool | Austin Ringheim | ringheim@mit.edu | 6 | 3
PE.0202-7 | Swimming, Beginner | 10 | 2 | TR 1:00 PM Zesiger Teaching Pool | Meghan Sisson French | frenchm@mit.edu | 6 | 3
PE.0300-1 | Ballroom | 2 | | MW 7:00 PM Remote Synchronous | Thomas Moore | tmoore@mit.edu | 15 | 7
PE.0405-2 | Group Exercise - Pilates | 2 | | TR 3:00 PM Remote Synchronous | Maite Paillet | mailp@mit.edu | 15 | 13
PE.0411-2 | Group Exercise - Yoga | 2 | | TR 2:00 PM Remote Synchronous | Maite Paillet | mailp@mit.edu | 15 | 6
PE.0435-1 | Group Exercise - Functional Fitness | 2 | | MW 6:00 PM Remote Synchronous | Elena J. Byrne | ebyrne@mit.edu | 15 | 13
PE.0444-1 | Group Exercise - HIIT | 2 | | TR 6:00 PM Remote Synchronous | Ethan Lloyd | elloyd@mit.edu | 15 | 2
PE.0451-1 | Strength Training at Home | 2 | | MW 11:00 AM Remote Synchronous | Sarah Johnson | skj18@mit.edu | 15 | 10
PE.0451-2 | Strength Training at Home | 2 | | TR 11:00 AM Remote Synchronous | Matthew Breen | mjbre@mit.edu | 15 | 14
PE.0452-1 | Yoga (Remote) | 2 | | MW 1:00 PM Remote Synchronous | Laura Golitko | lgo@mit.edu | 15 | 6
PE.0452-2 | Yoga (Remote) | 2 | | MW 7:00 PM Remote Synchronous | Melanie Appleman | appleman@mit.edu | 15 | 3
PE.0452-3 | Yoga (Remote) | 2 | | TR 7:00 PM Remote Synchronous | Carley Bowering | carleyb@mit.edu | 15 | 6
PE.0507-1 | Fitness / Stress Management | 2 | | TR 4:00 PM Remote Synchronous | Matthew Breen | mjbre@mit.edu | 15 | 12
PE.0512-1 | Fitness / Nutrition | 2 | | TR 4:00 PM Remote Synchronous | Sarah Johnson | skj18@mit.edu | 15 | 13
PE.0518-1 | Fitness / Meditation | 2 | | MW 11:00 AM Remote Synchronous | Laura Golitko | lgo@mit.edu | 15 | 8
PE.0532-1 | Fitness/Resiliency | 2 | | MW 4:00 PM Remote Synchronous | Sarah Johnson | skj18@mit.edu | 15 | 14
PE.0532-2 | Fitness/Resiliency | 2 | | TR 5:00 PM Remote Synchronous | Matthew Breen | mjbre@mit.edu | 15 | 13
PE.0533-1 | Kuru Mindfulness and Yoga (short course) Apr. 13- May 4 | 5 | | TR 5:00 PM Remote Synchronous | Sarah Johnson | skj18@mit.edu | 15 | 1
PE.0727-1 | Soccer Skills | 2 | | MW 1:00 PM Johnson Infield, MW 1:00 | Martin Desmarais | mjdes@mit.edu | 10 | 5

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Students should contact the instructor directly to request to be added to a course.

Courses not listed above do not have space available and have a wait list.

If you still want to be added to a wait list; email mdm25@mit.edu your choices and include the course name and section (from Quarterly Schedule)