

	Mode of activity	Day/Date	Time	Registration link
1	Remote Synchronous workout via Zoom (Circuit)	Fri, May 10	1p-2p	https://forms.gle/j45dP2dCgg8AScbc8
2	Remote Synchronous workout via Zoom (Circuit)	Fri, May 10	3p-4p	https://forms.gle/xxthePM9d45GeZXz8
3	Remote Synchronous workout via Zoom (Yoga)	Mon, May 13	7p-8p	https://forms.gle/2NwgBqZmp4kNBHha8
4	Remote Synchronous workout via Zoom (Yoga)	Tues, May 14	7p-8p	https://forms.gle/6Yy1yxBteowU8AzL7
Remote Make-Up Process <ul style="list-style-type: none"> Students will view Option #3 listed under “make-up options” under the "My GIR" tab on the PE&W website. Students must register for a specific day and time using the registration link at least 24 hours in advance. Each make-up class (day/time) has a separate link. Students will receive Zoom link 24 hours before the make-up class date. Students who register less than 24 hours before class, will not be eligible to participate. "Walk ins" are not available for remote make ups options Students will be required to show make-up instructor their MIT ID via Zoom or in-person. Upon completion of the make-up class, the make-up instructor will send a confirmation to the student’s current instructor if they were present or not present. Students should check their Canvas attendance to confirm their attendance was updated. If space is not available or it is past the day/time, the student will need to make another choice and repeat the process. <p>*ALL MAKE-UPS MUST BE COMPLETED WITHIN THE SAME QUARTER.</p>				