

	Mode of activity	Day/Date	Time	Registration link
1	Remote Synchronous workout via Zoom (Circuit)	Tue, Mar. 18th	7-8p	<a href="https://forms.gle/63xD8gbDBz8rUrPo8">https://forms.gle/63xD8gbDBz8rUrPo8</a>
2	Remote Synchronous workout via Zoom (Circuit)	Wed, Mar. 19th	7-8p	<a href="https://forms.gle/rgK3Nkbn4pBQ1yTf7">https://forms.gle/rgK3Nkbn4pBQ1yTf7</a>

**Remote Make-Up Process**

- Students will view Option #3 listed under “make-up options” under the "My GIR" tab on the PE&W website.
- **Class size is limited to 15 participants.** If you are unable to participate, you will need to choose a different option.
- **Students must register for a specific day and time using the registration link at least 24 hours in advance.** Each make-up class (day/time) has a separate link.
- Students will receive Zoom link 24 hours before the make-up class date. **Students who register less than 24 hours before class, will not be eligible to participate.**
- "Walk ins" are not available for remote make ups options
- Students will be required to show make-up instructor their MIT ID via Zoom or in-person.
- Upon completion of the make-up class, the make-up instructor will send a confirmation to the student’s current instructor if they were present or not present.
- Students should check their Canvas attendance to confirm their attendance was updated.
- If space is not available or it is past the day/time, the student will need to make another choice and repeat the process.

\*ALL MAKE-UPS MUST BE COMPLETED WITHIN THE SAME QUARTER.