

Section	Title	Notes	Fee Amount	GIR Points	Meetings	Instructors	Instructor Email	Registrations Available
PE.0202-3	Swimming, Beginner		15	2	MW 11:00 AM Zesiger Teaching Pool	Meghan Sisson French	frenchm@mit.edu	9
PE.0202-5	Swimming, Beginner		15	2	MW 2:00 PM Zesiger Teaching Pool	Lucia Robinson-Griggs	luciarob@mit.edu	2
PE.0202-7	Swimming, Beginner		15	2	TR 1:00 PM Zesiger Teaching Pool	Julie Heyde	heyde@mit.edu	1
PE.0411-1	Group Exercise- Yoga			2	MW 8:00 AM Du Pont T Club Lounge	Anna Grossman	anna_g@mit.edu	5
PE.0411-3	Group Exercise- Yoga			2	TR 3:00 PM Du Pont T Club Lounge	Maite Paillet	maitep@mit.edu	4
PE.0518-1	Fitness (Yoga)/Meditation			2	MW 4:00 PM Du Pont Multi-Purpose Room	Sarah Johnson	ski18@mit.edu	1
PE.0518-2	Fitness (Yoga)/Meditation			2	TR 5:00 PM Du Pont Multi-Purpose Room	Shelby Weinstein	shelbywe@mit.edu	1
PE.0538-1	Fitness/Resiliency			2	TR 3:00 PM Du Pont Multi-Purpose Room			Cancelled
PE.0545-1	Fitness(Strength Circuit)/Resiliency			2	MW 6:00 PM Du Pont Multi-Purpose Room	Michele Craemer	mbc10@mit.edu	3
PE.0636-1	Self-Defense for Women	This is an all female course.		2	TR 1:00 PM Du Pont Wrestling Room	David W. Hagymas	dhagymas@mit.edu	1
PE.0648-1	Intro to Boot Camp		10	2	MW 1:00 PM Johnson Indoor Track, MW 1:00 PM Johnson Infield	Brian P. Bubna	bbubna@mit.edu	10
PE.0701-1	Ice Hockey	This course requires a command of forward and backward skating as well as a strong consistent stop that can be learned in beginner skate or equivalent (email instructor using physicaleducationandwellness@mit.edu address if you have questions related to your ability).	15	2	TR 2:00 PM Johnson Ice Rink	Martin Desmarais	mjd@mit.edu	5
PE.0703-1	Soccer, Beginner			2	TR 2:00 PM Zesiger MAC Court	Kenneth Bovell	kbovell@mit.edu	5
PE.0721-1	Tsegball		10	2	TR 4:00 PM Zesiger MAC Court	Matthew Breen	mjbreen@mit.edu	3
PE.0900-1	Backpacking- White Mountains, NH (Fall)	Q2: 11/9-11/11 Time: leave campus Sat. by 8:15a; return to campus Mon. by 7p. Contact physicaleducationandwellness@mit.edu if you are interested.	325	4	U 8:00 AM Off Campus, M 8:00 AM Off Campus, S 8:00 AM Off Campus		physicaleducationandwellness@mit.edu	2

To enroll in an Open Course, students must contact the instructor directly to request to be added.