

Q1 Remote Make-up Options

9/11/2025

	Mode of activity	Day/Date	Time	Registration link
1	Remote Synchronous workout via Zoom (Yoga)	Tues, Sept 23	7-8p	https://forms.gle/2DoYqErhnrnj5MXaA
2	Remote Synchronous workout via Zoom (Yoga)	Wed, Oct 8	7-8p	https://forms.gle/P8YYPnGQtLooWa9n7
3	Remote Synchronous workout via Zoom (Yoga)	Tues, Oct 14	7-8p	https://forms.gle/ryo1iDyPL7yzaaAM8
Remote Make-Up Process - Students will view Option #3 listed under “make-up options” under the "My GIR" tab on the PE&W website. Students must register for a specific day and time using the registration link at least 24 hours in advance. Each make-up class (day/time) has a separate link. - Students will receive Zoom link 24 hours before the make-up class date. Students who register less than 24 hours before class, will not be eligible to participate. "Walk ins" are not available for remote make ups options - Students will be required to show make-up instructor their MIT ID via Zoom or in-person. - Upon completion of the make-up class, the make-up instructor will send a confirmation to the student’s current instructor if they were present or not present. - Students should check their Canvas attendance to confirm their attendance was updated. - If space is not available or it is past the day/time, the student will need to make another choice and repeat the process. *ALL MAKE-UPS MUST BE COMPLETED WITHIN THE SAME QUARTER.				