Physical Education & Wellness Make-Up Form

Acceptable make-up options for a Physical Education & Wellness course:
- **Option 1**: Participate in another section of the course you are currently enrolled in
- **Option 2**: Participate in a PE&W course previously taken and passed
- **Option 3**: Participate in a Remote Make-up
- **Option 4:** Participate in the Hands only CPR with AED
- **Option 5:** Participate in a Recreation: Group Exercise **noon free class only**

Course/Instructor list and registration links located on the PE&W website.

Student must complete

MIT ID# _____

Student Name: _____

MIT email: _____

Course Requiring Make Up:

Course: _____

Days:_____

Time:_____

Instructor:_____

Make Up Session Attended:

Course:_____

Date:_____

(eg. Wed, 9/8/26)

Completed by instructor providing make-up:

I have verified the above student participated in my class on

_____
   Date

_____
   Instructor name

Detailed directions for each make-up option are located on the Physical Education & Wellness website and Canvas site:
https://physicaleducationandwellness.mit.edu/my-gir/make-up-options/

Important reminders

- Students must complete 9 (50 minute) in-person and remote synchronous classes to pass a course in Quarters 1, 2, 3, 4 and Summer.
- Students must complete 7 (60 minute) in-person and remote synchronous classes to pass a course during IAP.
- For courses with less than 11 classes, please view the make-up requirements for your specific course in the syllabus (ie. Sailing, Extreme PE courses)
- *No more than 1 make-up can be completed per day.*
- All make-ups must be completed and submitted to the instructor by the last class within the same quarter unless registered for a remote make-up option.
- Students are eligible to complete 2 make-ups per course, per quarter (not applicable for Extreme PE and Asynchronous courses)
- Students must be prepared to show MIT ID to make-up instructor.
- All make-up options are subject to availability and registration is first come, first serve basis.

Make-up form received and entered into Canvas by Instructor

_____ Initial