## Physical Education & Wellness Make-Up Form

## Acceptable make-up options for a Physical Education & Wellness course:

- **Option 1**: Participate in another section of the course you are currently enrolled in
- **Option 2**: Participate in a PE&W course previously taken and passed
- Option 3: Participate in a Remote Make-up
- **Option 4:** Participate in the Hands only CPR with AED
- **Option 5:** Participate in a Recreation: Group Exercise noon free class only

 $Course/Instructor\ list\ and\ registration\ links\ located\ on\ the\ PE\&W\ website.$ 

Student must complete	Detailed directions for each make-up option are
MIT ID#	located on the Physical Education & Wellness website and Canvas site:
Student Name:	https://physicaleducationandwellness.mit.edu/my- gir/make-up-options/
MIT email:	Important reminders
Course Requiring Make Up:	• Students must complete 9 (50 minute) in-person and remote synchronous classes to pass a course in
Course:	Quarters 1, 2, 3, 4 and Summer.
Days:	• Students must complete 7 (60 minute) in-person and remote synchronous classes to pass a course
Time:	during IAP.
Instructor:	• For courses with less than 11 classes, please view the make- up requirements for your specific course in the syllabus (ie. Sailing, Extreme PE courses)
Make Up Session Attended:	<ul> <li>No more than 1 make-up can be completed per day.</li> </ul>
Course:	• All make-ups must be completed and submitted to the instructor by the last class within the same
Date:	quarter unless registered for a remote make- up option.
Time:	• Students are eligible to complete 2 make-ups per course, per quarter (not applicable for Extreme PE and Asynchronous courses)
Completed by instructor providing make-up:	• Students must be prepared to show MIT ID to
I have verified the above student participated in my	<ul><li>make-up instructor.</li><li>All make-up options are subject to availability and</li></ul>
class on	are on a first come, first serve basis.
Date	
	Make-up form received and entered into Canvas by Instructor
Instructor name	Initial