

Physical Education and Wellness Program Outdoor Education Specialist (Lead and Assistant)

DAPER's Shared Purpose and Behaviors

Department of Athletics, Physical Education and Recreation's (DAPER) shared purpose is to bring the MIT community together in educational activities that promote wellness, a diverse and inclusive environment, leadership, teamwork, and the pursuit of excellence through competition, physical activity and recreation. We are committed to the pursuit of excellence by creating an environment that develops community, provides education, inspires leadership, and promotes wellness through the following shared behaviors: DAPER develops community by embracing the uniqueness of each person, working cooperatively, and providing courtesy, respect, and gratitude in all direction.

Background and Mission of the Physical Education & Wellness Program

Physical Education and Wellness (PE&W) is the instructional arm of DAPER; introducing students to a variety of activities to further develop healthy lifestyles. The program offers 6 quarters of activity, including over 20 different courses that reach an average of 1000 students each six weeks. Undergraduates are required to complete 4 courses as part of the MIT general institute requirements. Physical Education & Wellness provides students with the knowledge and skills to lead healthy, active lifestyles, as well as, experience the benefits of social interaction through student-centered instructional physical activity.

Position Description:

Two opportunities available as part-time **Outdoor Education Specialist – Lead and Assistant**. Both specialists work closely with the Outdoor Leader Coordinator and PE&W office to plan and lead backpacking trips for the students throughout the academic year. Both positions will aid in contributing to the development of MIT's outdoor education courses and curriculum.

Duties and Responsibilities (include but are not limited to):

- Attend and actively participate in all pre and post trip meetings
- Assist with trip planning and logistics
- Serve as MIT representative with students, vendors and partners
- Prepare and submit post-course reports in a timely manner
- Submit incident/accident report forms with proper documentation promptly.
- Stay updated on outdoor trends and practices
- Maintain all certifications and training. (CPR, First Aid, AED, Wilderness FA)
- Adhere to MIT policies, procedures, and industry best practices on and off campus
- Assisting with the development of an outdoor education resource library
- Engage and motivate student participants (beginner to advanced level participants)
- Scout, inspect, and prepare course locations/sites and necessary equipment, as needed
- Commit to trip schedule for a minimum of 1 year
- Follow all MIT Physical Education and Wellness policies and procedures



2023/2023 Projected Trip Schedule

Urban Backpacking- Blue Hills/AMC Ponkapoag cabins

Group leaves campus Friday by 4p and returns Sunday by 3p

- Sep. 22-24, 2023
- Oct. 20-22, 2023
- Mar. 22-24, 2024
- Apr. 5-7, 2024
- Apr. 26-28, 2024

NH Backpacking- AMC White Mountains

Group leaves campus Saturday by 9a and returns Monday by 7p (unless otherwise noted)

- Oct. 7-9, 2023
- Nov. 10-12, 2023 * leave campus Friday by 9a and return by Sunday
- Feb. 17-19, 2024
- Apr, 13-15, 2024

Minimum Qualifications:

- Bachelor's degree required
- Valid US Driver's license
- First Aid, CPR and AED certification
- Wilderness First Aid certification or willing to obtain
- Previous experience in outdoor education and leadership
- Experience teaching outdoor skills; such as: trip planning, leave no trace principles, hiking protocols, backpack packing and gear, fitness preparation, map and compass skills, navigation, building a fire and safety and pitching a tent
- Direct experience and awareness of safety and risk management in outdoor education
- Ability to work independently and as part of a team

Preferred Qualifications

- Familiarity with backpacking in White Mountains, NH, and Blue Hills, MA, throughout all seasons
- Experience teaching in higher education, including developing learning objectives, using course management systems, and conducting grading and assessments
- Background in leading backpacking trips, clinics, and courses
- Familiarity with the Appalachian Mountain Club (AMC) and MIT Outing Club (MITOC) organizations.
- Excellent oral and written communication skills
- Customer service experience
- Awareness of and appreciation for individual uniqueness, particularly with diverse and multicultural audiences
- Commitment to student development, leadership, and team building
- Ability to foster a welcoming, inclusive environment for participants and effectively manage group dynamics
- Experience facilitating low ROPES initiatives



Candidates will be required to successfully complete the following upon hiring:

- MIT van safety training
- MIT background check
- Paid training trip

Pay: \$17/Hour for training and meetings, payment for trips is based on position: leader and assistant and will be shared upon inquiry.

Key Contact:

Supervisor: Michele McCauley, Program Manager, Physical Education and Wellness (mdm25@mit.edu)

How to Apply: If you are interested in this position or have any questions, please contact the key contact or physicaleducationandwellness@mit.edu. Resumes and letters of interest are being accepted on a rolling basis and will be reviewed as they are received.