### Summer 2023 Remote Make-up Options

<table>
<thead>
<tr>
<th>Mode of activity</th>
<th>Day/Date</th>
<th>Time</th>
<th>Registration link</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Remote Synchronous workout via Zoom (Circuit)</td>
<td>Thurs, Aug 3</td>
<td>4:15p-5:15p</td>
<td><a href="https://forms.gle/aXmAg4HDzrTf7xS9">https://forms.gle/aXmAg4HDzrTf7xS9</a></td>
</tr>
<tr>
<td>2 Remote Synchronous workout via Zoom (Circuit)</td>
<td>Thurs, Aug 3</td>
<td>5:15p-6:15p</td>
<td><a href="https://forms.gle/RVCaMzxXpVn5fVcVA">https://forms.gle/RVCaMzxXpVn5fVcVA</a></td>
</tr>
</tbody>
</table>

**Remote Make-Up Process**

- Students will view Option #3 listed under “make-up options” under the "My GIR" tab on the PE&W website.
- **Students must register for a specific day and time using the registration link at least 24 hours in advance.** Each make-up class (day/time) has a separate link.
- Students will receive Zoom link 24 hours before the make-up class date. **Students who register less than 24 hours before class, will not be eligible to participate.**
- "Walk ins" are not available for remote make ups options
- Students will be required to show make-up instructor their MIT ID via Zoom or in-person.
- Upon completion of the make-up class, the make-up instructor will send a confirmation to the student’s current instructor if they were present or not present.
- Students should check their Canvas attendance to confirm their attendance was updated.
- If space is not available or it is past the day/time, the student will need to make another choice and repeat the process.

*ALL MAKE-UPS MUST BE COMPLETED WITHIN THE SAME QUARTER.*