

	Mode of activity	Day/Date	Time	Registration link
1	Remote Synchronous workout via Zoom (Circuit)	Wed, Jan. 29th	7-8p	https://forms.gle/ZbhbYWdXqDhiSVnM7
2	Remote Synchronous workout via Zoom (Circuit)	Thu, Jan. 30th	7-8p	https://forms.gle/7G8UWuchyeDLZmDf6
<p>Remote Make-Up Process</p> <ul style="list-style-type: none"> • Students will view Option #3 listed under “make-up options” under the "My GIR" tab on the PE&W website. • Students must register for a specific day and time using the registration link at least 24 hours in advance. Each make-up class (day/time) has a separate link. • Students will receive Zoom link 24 hours before the make-up class date. Students who register less than 24 hours before class, will not be eligible to participate. • "Walk ins" are not available for remote make ups options • Students will be required to show make-up instructor their MIT ID via Zoom or in-person. • Upon completion of the make-up class, the make-up instructor will send a confirmation to the student’s current instructor if they were present or not present. • Students should check their Canvas attendance to confirm their attendance was updated. • If space is not available or it is past the day/time, the student will need to make another choice and repeat the process. <p>*ALL MAKE-UPS MUST BE COMPLETED WITHIN THE SAME QUARTER.</p>				