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|--------------------------------------------------|------------|---------------------------------------------------------------|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|----------|------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------|-------------|
| QUARTER IAP: Mon, Jan. 5 - Thu, Jan. 29          |            |                                                               |                      |                                                                                                                                                |                                                 |          |                                          |                                                                                                                                                                                                                                                                                                                                     |                                              |                                               |             |
| Registration Dates: Wed, Dec. 3 - Wed, Dec. 10   |            |                                                               |                      |                                                                                                                                                |                                                 |          |                                          |                                                                                                                                                                                                                                                                                                                                     |                                              |                                               |             |
| Schedule                                         | Class days | Course Dates                                                  | No Classes           | Time                                                                                                                                           | Course Location                                 | Capacity | Forms due by                             | Course Notes                                                                                                                                                                                                                                                                                                                        | LNT due date<br>(Friday before week leaving) | Journal Assignment due<br>(1 week after trip) | Student Fee |
| Backpacking, Urban                               | F, S, SU   | 1/30, 1/31, 2/1                                               | NA                   | Pretrip meeting: 12/11(R) Zesiger Media Room (5:15p-6:45p)<br>Trip time: 3p Friday to 4p Sunday<br>Fitness Sessions(5p-6p): 1/6 (R) & 1/13 (T) | Blue Hills, MA                                  | 12       | by 11a of pre trip meeting - 12/11 (Thu) | *Not Applicable for Feb 2026 intended graduates. Must complete the following to earn points: Pre Trip meeting, 1 Fitness Session, Weekend trip, LNT assignment, Journal Assignment (due 1 week after trip). <b>Make sure we know if they are on campus on not for IAP. May need to provide a 1 hr activity for fitness session.</b> | Friday, 1/9                                  | Monday, 1/26                                  | \$150.00    |
| Backpacking, Urban                               | F, S, SU   | 2/13, 2/14, 2/15                                              | NA                   | Pretrip meeting: 1/8 (R) Remote(5:15p-6:45p)<br>Trip time: 3p Friday to 4p Sunday<br>Fitness Sessions(5p-6p): 2/5(R)and 2/10(T)                | Blue Hills, MA                                  | 12       | 12/15 (Mon)                              | *Not Applicable for Feb 2026 intended graduates. Must complete the following to earn points: Pre Trip meeting, 1 Fitness Session, Weekend trip, LNT assignment, Journal Assignment (due 1 week after trip).                                                                                                                         | Friday, 2/6                                  | Monday, 2/23                                  | \$150.00    |
| Parkour (All Levels)<br><i>create new course</i> | TR         | 1/6, 1/8, 1/13, 1/15, 1/20, 1/22                              | NA                   | 1:15p-2:45p                                                                                                                                    | Zesiger MAC Court                               | 16       | 12/15 (Mon)                              | Day 1- required. Must complete 5 or 6 classes to pass                                                                                                                                                                                                                                                                               | NA                                           | NA                                            | \$75.00     |
| SCUBA                                            | TR         | 1/6, 1/8, 1/13, 1/15, 1/20, 1/22, 1/27                        | NA                   | 6:45p-10p: full class time<br>6:45p-8:30p: Pool<br>9p-10p: Classroom                                                                           | Pool: Alumni Wang (bldg 57)<br>Classroom 66-160 | 18       | 12/15 (Mon)                              | Swim/boat completed by 12/10/25. Day 1 and day 7- required. Must complete 5, 6, 7 to pass.                                                                                                                                                                                                                                          | NA                                           | NA                                            | \$365.00    |
| QUARTER 3: Wed, Feb. 11 - Thu, Mar. 19           |            |                                                               |                      |                                                                                                                                                |                                                 |          |                                          |                                                                                                                                                                                                                                                                                                                                     |                                              |                                               |             |
| Registration Dates: Fri, Jan. 30 - Wed, Feb. 4   |            |                                                               |                      |                                                                                                                                                |                                                 |          |                                          |                                                                                                                                                                                                                                                                                                                                     |                                              |                                               |             |
| Schedule                                         | Class days | Course Dates                                                  | No Classes           | Time                                                                                                                                           | Course Location                                 | Capacity | Forms due by                             | Course Notes                                                                                                                                                                                                                                                                                                                        | LNT due date<br>(Friday before week leaving) | Journal Assignment due<br>(1 week after trip) | Student Fee |
| Parkour (Beginner)                               | Fri        | 3/6, 3/13, 3/20**, 4/3**, 4/10**, 4/17** (** Ends in Q4)      | NA                   | 1:15p-2:45p                                                                                                                                    | Zesiger MAC Court                               | 16       | 2/9 (Mon)                                | Day 1- required. Must complete 5 or 6 classes to pass.                                                                                                                                                                                                                                                                              | NA                                           | NA                                            | \$75.00     |
| SCUBA                                            | Tue        | 2/24, 3/3, 3/10, 3/17**, 3/31**, 4/7**, 4/17** (**Ends in Q4) | No class: 2/17, 3/24 | 6:45p-10p: full class time<br>6:45p-8:30p: Pool<br>9p-10p: Classroom                                                                           | Pool: Alumni Wang (bldg 57)<br>Classroom 66-160 | 18       | 2/9 (Mon)                                | Swim/boat completed by 2/4/26. Day 1 and day 7- required. Must complete 5, 6, 7 to pass.                                                                                                                                                                                                                                            | NA                                           | NA                                            | \$365.00    |
| SCUBA                                            | Thu        | 2/19, 2/26, 3/5, 3/12, 3/19**, 4/2**, 4/9**(** Ends in Q4)    | No class: 3/26       | 6:45p-10p: full class time<br>6:45p-8:30p: Pool<br>9p-10p: Classroom                                                                           | Pool: Alumni Wang (bldg 57)<br>Classroom 66-160 | 18       | 2/9 (Mon)                                | Swim/boat completed by 2/4/26. Day 1 and day 7- required. Must complete 5, 6, 7 to pass.                                                                                                                                                                                                                                            | NA                                           | NA                                            | \$365.00    |
|                                                  |            |                                                               |                      |                                                                                                                                                |                                                 |          |                                          |                                                                                                                                                                                                                                                                                                                                     |                                              |                                               |             |
|                                                  |            |                                                               |                      |                                                                                                                                                |                                                 |          |                                          |                                                                                                                                                                                                                                                                                                                                     |                                              |                                               |             |

| QUARTER 4: Wed, Apr. 1 - Tue, May 12           |            |                                          |                |                                                                                                                                               |                                                 |          |              |                                                                                                                                                                                                             |                                              |                                               |             |
|------------------------------------------------|------------|------------------------------------------|----------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|----------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------|-------------|
| Registration Dates: Wed, Mar. 4 - Wed, Mar. 11 |            |                                          |                |                                                                                                                                               |                                                 |          |              |                                                                                                                                                                                                             |                                              |                                               |             |
| Schedule                                       | Class days | Course Dates                             | No Classes     | Time                                                                                                                                          | Course Location                                 | Capacity | Forms due by | Course Notes                                                                                                                                                                                                | LNT due date<br>(Friday before week leaving) | Journal Assignment due<br>(1 week after trip) | Student Fee |
| Backpacking, Urban                             | F, S, SU   | 4/10, 4/11 4/12                          | NA             | Pretrip meeting: 3/17 (R) Zesiger Media Room (5:15p-6:45p)<br>Trip time: 3p Friday to 4p Sunday<br>Fitness Sessions(5p-6p): 3/19(R)and 4/2(T) | Blue Hills, MA                                  | 12       | 12/15 (Mon)  | *Not Applicable for May 2026 intended graduates. Must complete the following to earn points: Pre Trip meeting, 1 Fitness Session, Weekend trip, LNT assignment, Journal Assignment (due 1 week after trip). | Friday, 4/3                                  | Monday, 4/20                                  | \$150.00    |
| Kayak with Charles River Canoe and Kayak       | Tue        | 4/21, 4/28, 5/5<br>(weather back up 5/7) | NA             | 3:30p-6:30p                                                                                                                                   | Charles River Canoe and Kayak                   | 12       | 3/16 (Mon)   | Day 1 required. Swim/Boat completed by 3/11/26                                                                                                                                                              | NA                                           | NA                                            | \$125.00    |
| SCUBA                                          | TR         | 4/16, 4/23, 4/28, 4/30, 5/5, 5/7, 5/12   | No class: 4/21 | 6:45p-10p: full class time<br>6:45p-8:30p: Pool<br>9p-10p: Classroom                                                                          | Pool: Alumni Wang (bldg 57)<br>Classroom 66-160 | 18       | 3/16 (Mon)   | Swim/boat completed by 3/11/26. Day 1 and day 7- required. Must complete 5, 6, 7 to pass.                                                                                                                   | NA                                           | NA                                            | \$365.00    |