

IAP								
Schedule	Class	Course Dates	Course Notes	Time	Location	Capacity	Confirmation forms due to PE&W by	Student Fee
SCUBA	TR	1/7, 1/9, 1/14, 1/16, 1/21, 1/23, 1/28	Day 1 and day 7- required. Swim/boat completed by 12/11/24.	6:45p-10p 6:45p-8:30p Pool 9p-10p Classroom	Pool: Alumni Wang (bldg 57) Classroom 66-154	16	12/16/2024	\$365.00
MetroRock	W	1/8, 1/15, 1/22, 1/29	Day 1 - required.	Student pick up: 5:30p Drop off back to campus: 9:30p	MetroRock, Everett	14	12/16/2024	\$135.00
Urban Backpacking	F,S, Su	1/17, 1/18, 1/19	Pre Trip 1 required, 1 fitness session, weekend trip and reflection paper required to earn points.	Pretrip meeting: 12/12 Zesiger Media Room (5:15p-6:45p) Trip time: 3p Friday to 4p Sunday Fitness Sessions(5p-6p): 12/16 & 1/8	Blue Hills, MA	12	at pre trip meeting 12/12	\$125.00
Urban Backpacking	F,S, Su	3/21, 3/22, 3/23	Pre Trip 1 required, 1 fitness session, weekend trip and reflection paper required to earn points.	Pretrip meeting: 2/20 Zesiger Media Room (5:15p-6:45p) Trip time: 3p Friday to 4p Sunday Fitness Sessions(5p-6p): 2/26 & 3/3	Blue Hills, MA	12	12/16/2024	\$125.00
White Mountain Backpacking	S,Su,M	2/15, 2/16, 2/17	Pre Trip 1 required, 1 fitness session, weekend trip and reflection paper required to earn points.	Pretrip meeting: 1/13 Zesiger Media Room (5:15p-6:45p) Trip time: 8:15a Sat to Mon by 7p Fitness Sessions(5p-6p): 1/22 & 1/29	White Mountains, NH	11	12/16/2024	\$325.00
Parkour	TR	1/9, 1/14, 1/16, 1/21, 1/23, 1/28	Day 1- required.	1:15p-2:45p	Zesiger MAC Court	16	12/16/2024	\$80.00
QUARTER 3								
Schedule	Class	Course Dates	Course Notes	Time	Location	Capacity	Confirmation forms due to PE&W by	Student Fee
SCUBA	TR	2/20, 2/25, 2/27, 3/4, 3/6, 3/11, 3/13	Day 1 and day 7- required. Swim/boat completed by 2/5/25	6:45p-10p 6:45p-8:30p Pool 9p-10p Classroom	Pool: Alumni Wang (bldg 57) Classroom 66-160	16	2/10/2025	\$365.00
MetroRock	W	2/19, 2/26, 3/5, 3/12	Day 1 - required.	Student pick up: 5:30p Drop off back to campus: 9:30p	MetroRock, Everett	14	2/10/2025	\$135.00

QUARTER 3								
Urban Backpacking	F, S, SU	4/4, 4/5, 4/6	Pre Trip 1 required, 1 fitness session, weekend trip and reflection paper required to earn points.	Pretrip meeting: 3/4 Zesiger Media Room (5:15p-6:45p) Trip time: 3p Friday to 4p Sunday Fitness Sessions(5p-6p): 3/6 & 3/13	Blue Hills, MA	12	2/10/2025	\$125.00
Urban Backpacking	F, S, Su	4/25, 4/26, 4/27	Pre Trip 1 required, 1 fitness session, weekend trip and reflection paper required to earn points.	Pretrip meeting: 3/11 Zesiger Media Room (5:15p-6:45p) Trip time: 3p Friday to 4p Sunday Fitness Sessions(5p-6p): 3/13 & 3/18	Blue Hills, MA	12	2/10/2025	\$125.00
Parkour	F	2/14, 2/21, 2/28, 3/7, 3/14, 3/21* (after Q3 ends)	Day 1- required.	1:15p-2:45p	Zesiger MAC Court	16	2/10/2025	\$80.00
QUARTER 4								
Schedule	Class	Course Dates		Time	Location	Capacity	Confirmation forms due to PE&W by	Student Fee
SCUBA	TR	4/8, 4/10, 4/15, 4/17, 4/24, 4/29, 5/1 (no class 4/22)	Day 1 and day 7- required, must complete 5 classes for PE&W points, 7 for certification. Swim/Boat completed by 3/12/25.	6:45p-10p 6:45p-8:30p Pool 9p-10p Classroom	Pool: Alumni Wang (bldg 57) Classroom 66-160	16	3/17/2025	\$365.00
Kayak	T	4/29, 5/6, 5/13, 5/15** (**weather back up)	Day 1 required. Swim/Boat completed by 3/12/25	3:30p-6:30p	Charles River Canoe and Kayak	12	3/17/2025	\$125.00
MetroRock	S	4/5, 4/12, 4/26, 5/3	Day 1 - required, must complete at least 3 classes to pass	Student pick up: 2p Drop off back to campus: 6p	MetroRock, Everett	14	3/17/2025	\$135.00