

**MIT Physical Education and Wellness Calendar
Academic Year 2025-2026**

Qtr 1 (50-minute classes)

MW 9/8 -10/15

TR 9/9 -10/14

No classes 10/13

Registration Period:

Undergraduates: Fri, Aug. 29 at 8am - Wed, Sep. 3 at 1pm

Graduate students: Tue, Sep. 2 at 8am - Wed, Sep. 3 at 1pm

Qtr 2 (50-minute classes)

MW 10/22 - 12/8

TR 10/23 - 12/9

No classes 11/10 (Monday), 11/11. (11/24-11/26 *PE&W only), 11/27

Registration Period:

Undergraduates: Wed, Oct. 8 at 8am - Wed., Oct. 15 at 1pm

Graduate students: Tues., Oct. 14 at 8am – Wed., Oct. 15 at 1pm

IAP (60 - minute classes)

MW 1/5 – 1/28

TR 1/6 – 1/29

No classes 1/19

Registration Period:

Undergraduates: Wed, Dec. 3 at 8am - Wed, Dec. 10 at 1pm

Graduate Students: Tue, Dec. 9 at 8am - Wed, Dec. 10 at 1pm

Qtr 3 (50-minute classes)

MW 2/11 - 3/18

TR 2/10 - 3/19

No classes 2/16

Note: 2/17 follows a Monday schedule

Registration Period:

Undergraduates: Fri, Jan. 30 at 8am - Wed, Feb. 4 at 1pm

Graduate students: Tue, Feb. 3 at 8am - Wed, Feb. 4 at 1pm

Qtr 4 (50-minute classes)

MW 4/1 - 5/11

TR 4/2 - 5/12

No classes 4/20, 4/21 (except Kayak)

Registration Period:

Undergraduates: Wed, March. 4 at 8am - Wed, Mar. 11 at 1pm

Graduate students: Tue, Mar. 10 at 8am - Wed, Mar. 11 at 1pm